

## **ATHLETIC TRAINER**

Code No: 4-08-225

Competitive

**DISTINGUISHING FEATURES OF THE CLASS:** This is a professional position in a school district responsible for providing school personnel and students with advice and services on physical conditioning programs, training methods, screening procedures, injury prevention and the use of safety equipment for sports participation. The employee reports directly to and works under the general supervision of the School Physician and the Curriculum Supervisor for Physical Education. General supervision is exercised over Athletic Coaches. Does related work as required.

**TYPICAL WORK ACTIVITIES:** (All may not be performed in a given position. Other activities may be performed although not listed.)

Inspects the injured area of athlete to determine extent and symptoms of injury;

Obtains information from athlete and/or witnesses to determine the mechanism and extent of an injury;

Provides first aid and sport injury emergency services to students;

Supervises the training room;

Applies specific and appropriate taping, wrapping, protective devices and/or braces to athletes in order to prevent injury or re-injury;

Administers athletic training procedures to the injured or ill athlete following protocols;

Uses therapeutic modalities or exercise to restore injured or ill athlete to normal functional status;

Develops and implements programs for athletes for pre-season, in-season, and off-season conditioning;

Inspects athletic training facilities to insure compliance with safety and sanitation standards;

Maintains records on student injuries and illnesses relative to sports participation.

### **FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:**

Good knowledge of short and long term effects of physical training as it affects respiratory, circulatory, nervous, digestive and musculoskeletal systems; good knowledge of proper material selection for athletic taping and protective devices; good knowledge of human anatomy and physiology; good knowledge of record maintenance; skill in recognizing athletic injuries and in identifying the extent and severity of those injuries; skill in the application of current athletic training procedures, theories and techniques; ability to provide first aid and sport injury emergency treatment; ability to work with elementary and secondary school age children; ability to communicate effectively; ability to establish and maintain effective working relationships with medical personnel, coaches and families of athletes; tact; good

judgment; integrity; initiative; physical condition commensurate with the demands of the position.

**MINIMUM QUALIFICATIONS:** Possession of current Certification from National Athletic Trainers Association and valid Cardiopulmonary Resuscitation (CPR) card (copies of Athletic Trainer's Certificate and CPR card must be submitted with application).

**SPECIAL REQUIREMENTS:** If you are appointed, you will be required to have a valid license to operate a motor vehicle in New York State or otherwise demonstrate your capacity to meet the transportation needs of the job.

**SPECIAL REQUIREMENT FOR APPOINTMENT IN SCHOOL DISTRICTS AND BOCES:**

Per Chapter 180 of the Laws of 2000, and by Regulations of the Commissioner of Education, to be employed in a position designated by a school district or BOCES as involving direct contact with students, a clearance for employment from the State Education Department is required.

**ADOPTED:** December 8, 1994

**REVISED:** February 4, 1999

**REVISED:** October 4, 2007